

EROT 34th STORY

District 34 - York Region

Vol. 30 No. 1 - January 2018

LEADING WOMEN BUILDING COMMUNITIES | 2017

Meet District 34 Members
Marsha Fox & Elaine Adam



Photo by Chris Prefontaine - Cover Design by Rhonda Starr

Join us on the Internet at www.34thstory.com

For Your Calendar

Play Bridge

Mondays
1:00 p.m. to 4:00 p.m.
McConaghy Senior
Centre - Rm. 103

Hava Java

Thurs. Jan. 11, 2018

Join Us for a Walk

Wed. Jan. 24, 2018

Quartet

Wed. Jan. 31, 2018

I'll Be Back Before Midnight

Wed. Feb. 14, 2018

Hava Java

Tues. Feb. 20, 2018

Wizard Of Oz

Sat. Feb. 24, 2018

Trivia Event

Mon. Feb. 26, 2018

Join Us for a Walk

Tues. Feb. 27, 2018

Hava Java

Thurs. Mar. 8, 2018

50th Anniversary Celebration

Thurs. Mar. 22, 2018

Steppin' Out

Fri. Mar. 23, 2018

Retirement Planning Workshop

Tues. Mar. 27, 2018

Join Us for a Walk

Thurs. Mar. 29, 2018

Hava Java

Tues. Apr. 24, 2018

Perfect Wedding

Wed. May 2, 2018



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Susan Phillips, President

President's Message


This winter as the wind howls and the snow falls, we will be tempted to hibernate, but please have a look through this issue of The 34th Story and be inspired to come out and participate in some of our events.

RTO/ERO is an inclusive organization dedicated to supplying information and services to our members and advocating for all seniors. In March, we will have been in existence for 50 years. In celebration, we will hold an old fashioned birthday party, complete with cake, lots of prizes, a free drink, trivia and lots more.

On a more sombre note, I was contacted recently by RTO/ERO about one of our District

34 members who had suffered a medical emergency while travelling and they were trying to reach his family. No one answered at his home and he did not have an emergency contact number with him. Please make sure you carry an emergency contact number on you when you are travelling. You might list someone on your cell phone under your contacts labelled emergency.

I hope that all of you who attended the Fall Luncheon enjoyed the good food and entertainment with your friends. We are planning something a little different for next fall. As we have many talented members, we thought we would include an art and craft show and sale. This is just a heads up to give you an opportunity to think about participating. Further details will be provided in subsequent newsletters.

If you have any ideas for activities that would be of interest and benefit to the membership, please let us know. Or, if you have any questions or concerns, please feel free to contact any member of the executive. 

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and Committee
Chairpersons
2017- 2018**

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Bridge Club News

By Joan Burrows

The RTO/ERO bridge club continues to meet on Mondays from 1:00 to 4:00 pm at the McConachy Centre (Dining Room # 103) 10100 Yonge St. in Richmond Hill (just north of Major Mac on the west side). There is free parking at the rear of the building. Members are invited to come on a drop-in basis and it's only \$2.00.

We are always looking for new retired members who will enjoy an afternoon of fun, friendly bridge playing and willing to share and learn new bidding techniques. We record the best bid and won games each week. Here's our great players since we started this past September:



Margo Procyk and Linda Karan (6 H)
 Lorraine Oyama and Linda Karan (6NT)
 Kathy Bunker and Tim Paterson (6NT)
 Bob Bell and Bev Maister (bid 6NT - made 7!)
 Marilyn Corbold and Eleanor

McLaughlin (6D)
 Marilyn Johnson and Linda Karan (bid 6NT - made 7!)
 Kay Valentine and Darlene McCowan (6S)

We hope to see new members out for our next winter round of bridge playing!



Hava Java On Us

By Regine Baker

Members are invited to come out once a month to meet with each other and shoot the breeze while enjoying a cup of coffee or tea along with a donut, muffin, danish, scone, etc. compliments of District 34. Spouses and partners are also welcome

Check the dates and locations listed below and put them on your calendar.

Since this is one of our costliest activities, we ask that members limit themselves to regular coffee or tea plus one treat. Those who want specialty coffees, more treats or breakfast are asked to pay for these items themselves.

We look forward to seeing many of you there.

Dates:

Thursday, Jan. 11, 2018

Tuesday, Feb. 20, 2018

Thursday, Mar. 8, 2018

Tuesday, Apr. 24, 2018

Time:

10:00 a.m. to noon at all locations

Locations:**The Old Curiosity Tea Shop**91 Main Street, Markham
(parking on Main Street, behind the tea shop or in the lot on the corner of Robinson and Main.)**Coffee Culture Café & Eatery**10037 Keele Street, Maple
(east side, north of Major Mackenzie Drive; parking in front and back)**Longos, upstairs in The Loft**650 Wellington Street East,
Aurora (west of Bayview Ave.; parking in front; elevator available)**Join Us for a Walk***By Ann Evans*

Dress warmly and come outside to enjoy Canada's winter wonderland.

Winter is no time to stay cooped up!! There is always plenty to talk about and hot coffee to enjoy in a nearby coffee shop afterwards.

Walks in the winter will begin at 10:00 a.m. The weather and trail conditions have proven to be unpredictable at this time of year, so a brisk walk around the well maintained paths of Fairy Lake in Newmarket seems appropriate.

Parking is at the main entrance of Fairy Lake, Water Street, located opposite the police station just east of the south end of Main Street.

Dates:

Wednesday, Jan. 24, 2018

Tuesday, Feb. 27, 2018

Thursday, Mar. 29, 2018

Come alone or bring a friend. In case of very inclement weather, please call me to ensure the walk is still happening. 905-830-0407





RTO/ERO District 34 50TH Anniversary Celebration

District 34 invites you join in the fun and celebrate RTO/ERO's 50th Anniversary celebration! We will play music from 1968; there will be snacks, a huge anniversary cake and your first drink will be free followed by a cash bar. We will play games and enjoy a trivia contest with great prizes and a grand prize draw.

DATE: Thursday, Mar. 22, 2018

TIME: 2:00 p.m. – 5:00 p.m.



LOCATION: Meadowbrook Golf & Country Club

11939 Warden Ave.

Gormley, ON L0H 1G0

(Located south of Stouffville Road on the east side of Warden)

In order to help us plan a successful party, please register by phone or email to Paul Devlin by Thursday, March 15, 2018.

Phone #: 416-949-6810

Email: pdevlin1957@gmail.com

Please write "RTO BIRTHDAY PARTY" in the subject line.



Misinterpreted Personal Insurance Terms

By Paul Devlin

Top Five Misinterpreted *Auto* Insurance Terms:

Loss of Use – Loss of Use means that the insured will be compensated for the cost of alternate transportation while repairs are being made to their vehicle after an accident, such as a rental car, public transit or taxi. Payment is limited to a maximum amount per day and a specified total maximum limit.

Accident Forgiveness – This term simply means that in the event of an at-fault accident, your driving record is not affected. Accident forgiveness varies by insurer and can simply be built-in to automobile insurance coverage or added as an endorsement.

Third Party Liability – Automobile Third Party Liability coverage is designed to provide protection for the liability imposed by law upon the insured for bodily injury or death of any persons or damage to their property arising out of the

ownership, use or operation of an automobile.

Comprehensive – This coverage protects the insured vehicle against any peril other than collision or upset. It is usually sold in combination with Collision coverage. It gives a broad range of protection for items typically not covered in other types of coverage such as vandalism to a windshield or collision with an animal.

No-fault – This is a term used to describe the way individuals are compensated for injury or damages resulting from a collision. No-fault insurance means that if you are injured or your car is damaged in an accident, you must report the collision to your own insurance company, regardless of who is at fault. The coverage pays for some or all of the insured person's loss regardless of who caused that loss. The person who is found to be at fault, either completely or partially, will have to pay the penalty and may experience an increase in future premiums from their insurer.

Top Five Misinterpreted *Home/Property* Insurance Terms:

Flood coverage – Insurance policies have very specific definitions for various types of water damage. ‘Flood’ refers to coastal flooding from salt water, such as from tsunamis and tidal waves and is not covered under insurance. ‘Overland water’ is fresh water from rivers and lakes, or water suddenly accumulating from heavy rainfall or spring thaw. Water damage that occurs as a result of overland water can be covered through purchasing overland water protection.


Finally, damage caused by water coming into your property from a sewer, septic system or sump pump is covered through sewer back-up coverage.

Guaranteed replacement cost – This means that the insurer will cover the entire cost of replacing or repairing a property, even if it is beyond the policy limit. It does not account for depreciation.

Mortgage Clause – This clause is included in a property insurance policy to provide

protection for other loss payees that hold interest in the insured property (i.e. the mortgage lender). So in the event of a property loss, it ensures that the insurance claim is jointly payable to the policy-holder and the mortgage lender.

Identity theft – Identity theft insurance helps protect you from the cost of fraud. It covers defense costs in order to clear your name (i.e. credit history) if you have been a victim of identity fraud.

Contents coverage – This typically refers to insurance coverage for personal belongings that you own. Contents coverage insures your personal possessions in your home, everything from your laptop to your wine collection and your clothes. 

Quartet

By Craig Lee

At a country home for retired opera singers, Cecily, Wilf and Reggie are preparing for a Verdi birthday concert. When the renowned diva Jean arrives unexpectedly, secrets of the past emerge, emotions run

high and hilarity ensues. You'll laugh and applaud when you see what it takes for this concert to go on.

Date: Wednesday, Jan. 31, 2018

Time: 8:00 p.m.

Location:

Curtain Club Theatre
400 Newkirk Rd.
Richmond Hill
(corner of Newkirk Rd. and Elgin Mills Rd E.)

Cost: \$20.00



Please place your order by January 12, 2018. Send your registration with a cheque made out to: **RTO/ERO District 34**
Attn:
Craig Lee
21 Lippincott Court
Richmond Hill, ON L4C 7M5

Tickets may be picked up on the night of the performance at the RTO table in the lobby after 7:15. Acknowledgements will be emailed upon receiving the registration form which can be found on pp.14 or 41.



Charitable Foundation News

By Elaine Adams

The RTO/ERO Foundation announced in its Fall 2017 publication that it has awarded \$50,000 to the following organizations:

Urinary Incontinence Self-Screening for Healthy Aging is designed to increase awareness and timely treatment of urinary incontinence in older adults through a self-screening process, designed in two versions: men and women. It is based out of the School of Nursing at UBC, our first grant in British Columbia.

Dancing for Cognition and Exercise (DANCE) is a series of twelve videos that engage frail older adults in fundamental movement that targets balance, strength and coordination.

Led by the GERAS Centre at Hamilton Health Sciences, DANCE has been developed through collaboration of a geriatrician, occupational therapist, research student trainees and trained dancers. When completed, it will be

widely accessible through the McMaster Optimal Aging portal, as an RTO/ERO partner. You may access the Foundation website at www.embrace-aging.ca or www.rto-ero.org/support-the-foundation for more information.

Please consider donating to our worthwhile Charitable Foundation, either online or by mail. Our address is RTO/ERO Foundation, 18 Spadina Road, Toronto, ON M5R 2S7
1-800-361-9888.



Credit Valley Rail Tour

By Craig Lee

On October 25, forty of our members boarded the Scenic Rail Tour train from Orangeville to Snelgrove.



While enjoying an appetizer, lunch, dessert and refreshments, they were informed about points



of interest along the way as well as the history of the railroad in this part of Ontario. Each passenger was given a souvenir booklet which served as a guide while en-route. Due to the popularity of this excursion, plans are being made to offer this trip again next autumn.



Photos by Chris Robart



September 2017 Tuscany Trip

By Ann Evans

In September a small group of us visited Northern Tuscany with “Jakob’s Tuscany Tours.”

With our local guide, Jakob, we visited medieval towns seldom seen by tourists, small villages, and even a marble mine in the famous Carrera region.

Our group enjoyed fun social interactions, with plenty of opportunities to sample delicious local food and wine. We went off the beaten path and explored natural beauty that would have been nearly impossible to find otherwise.

We toured Jakob’s private olive grove and learned about the growing and harvesting of olives. In addition, we had a private cooking class where we mastered the art of making homemade tortellini and were able to enjoy the fruits of our labour.

A true highlight was staying at the Villa Fattoria Gambaro, a working organic farm dating back to the seventeenth century. If you think you or someone you know would be interested in exploring a truly spectacular part of Italy, there will be another opportunity for a trip in the spring of 2018.

Please email me if you think you might be interested and would like more information. Interested participants will meet in the New Year.



*Photo by
John Spurgeon*



Registration for RTO District 34 York Region Events

Please print.

Name of Event: _____

Date of Event: _____ Cost per person: _____

Registration Deadline Date: _____

Name(s): _____

Telephone: _____

Email: _____

Bus Pick-up: (if included in the price of the event); (check only one):

Newmarket Location Richmond Hill Location

Meal choice (if applicable): _____

Enclosed is a cheque made out to **RTO/ERO District 34** for
\$ _____ for _____ person/people at \$ _____ each.

Send your completed registration form with your payment to the
address given in the event description.

**NOTE: If bus transportation is included in the price of the event,
the signed waiver found on page 40 must be included with your
registration.**

Memories of Past Presidents

By Evelyn Lawrence

As part of our celebrations for the 50th anniversary of RTO/ERO, we have asked our District 34 past presidents if they would like to submit a short article for *The 34th Story* to speak about their impressions and memories of their time serving on the executive. We are pleased that a number of these folks have taken this opportunity to share their thoughts with our members.

In this issue we will hear from Evelyn Lawrence and Gerry Blake.

Greetings from Evelyn Lawrence 2000-2001

After 37 years of teaching and administration, I was not sure what retirement would bring my way. Fortunately, a good friend introduced me to RTO District 34 by way of attendance at the spring and fall luncheons. These gatherings of friendly and interesting people became a favourite social outing where I had the opportunity to renew

old friendships and make new acquaintances.

When I was invited in 1998 to join the executive as Second Vice-President, with the prospect of 'moving through the chairs', I was delighted to get back into harness to be a part of a group full of vitality and purpose to help make decisions and plans to serve our membership. The rounds of meeting and social functions brought back the pleasures of the collegiality I had always felt during my years in education.

I had the pleasure of working with Gladys Spiller and Gerry Fisher who were the Presidents ahead of me and with Doug Ford and Gerry Blake who were my Vice-Presidents. They all not only provided great support but were a pleasure to know, as were the many executive members who served in the following years. My year as President in 2000-2001 was a most satisfying experience. It was wonderful to see *The 34th Story* expand from two issues per year to three under the expert direction of Dick Duffin and then the first of the Hava Javas begin the following year under the direction of Reg

Pembleton and committee. After I served the following year as Past President, I had the opportunity to move into the Membership Secretary position as our long serving member, John Kippen decided to leave that post. Fortunately, John was generous with his advice and help as I learned my new role and it meant that I was able to continue on the executive in this capacity. It has been a pleasure to watch our group thrive and grow as successive executives have continued to provide many services and enjoyable social activities for our members.

Greetings from Gerry Blake 2002-2003

I served as President of District 34 in 2002-03. In total, I count 6 years (1998-2004) as a member of the Executive working with highly dedicated and wonderful retired educators.

I have fond memories of my involvement although many facts escape me as my memory is showing its age. One would have to review the many minutes available in the archives. Serving on the executive

provided an opportunity for me to work on behalf of retired educators at the provincial and local levels. Our association has grown and evolved since 1968. To this day, it continues to act as the “spokesperson” for its members in many areas: political, financial, health et al and it continues to provide valuable programs and heartfelt services to its members. One thinks of our health insurance...RTO/ERO is a force to be “reckoned with” as the pundits would say.

At this stage, some 14 years after leaving the executive I still enjoy participating in as many events as possible organized by District 34. It is always a pleasure to rub shoulders with present and former members of the executive and with colleagues of our profession. I indicated earlier that I had difficulty in remembering highlights of my time on the executive. However, as I write these notes, two such highlights suddenly pop into my mind!

1. Gifts of wine at District 34 luncheons: Monies from our budget were not used then to purchase alcoholic beverages as gift offerings. The money spent on spirits came from the pocket

of members of the Executive who volunteered to purchase such goodies as gifts.

2. Increase of funds to Districts: As I recall, RTO/ERO Provincial provided each District with a small amount of funds based on numbers. During my time on the Executive, a much larger amount per member was returned to the Districts. This increase was well received and permitted our District to add additional programs and services for its members.

In closing, I thank those “trailblazers” who established RTO/ERO years ago on behalf of retired teachers and others involved in education. WOW! This is quite an accomplishment! Congratulations!



Markham Little Theatre Celebrates RTO/ERO's 50th Birthday

By Angela Stewart

Markham Little Theatre would like to recognize the 50th Anniversary of RTO/ERO by offering District 34 members, friends and family a special price for their February and May plays.

For only \$14 per person / per play, you will be treated to a world-class theatre experience. Not only that – they offer free parking! You will find the play description for February below and the description of the May event on page 35.

I'll Be Back Before Midnight

By Angela Stewart

A Comedy / Thriller by Peter Colley

Jan and Greg are in desperate need of some time alone. Their marriage is on shaky ground, and an isolated farmhouse seems the perfect place to regain their footing.

It soon becomes clear, however, that everything is not as it seems. Their idyllic getaway becomes a nightmare in this heart-stopping thriller, as we accompany our characters on the twists and turns of a deliciously sinister and spooky adventure.

Date: Wednesday, Feb. 14, 2018



Time: 8:00 p.m.

Location:

Flato Markham Theatre
171 Town Centre Boulevard
Markham, ON (corner of Hwy.
#7 and Warden Ave.)

Cost: \$14.00

Complete the registration form (pp. 14 or 41) and send with a cheque made out to

RTO/ERO District 34 Attn:
Angela Stewart
42 Schouten Crescent
Markham, ON L3P 7W7

Registration must be received by: Wednesday, Jan. 17, 2018. You will pick up your tickets at the RTO table the night of the play (Feb. 14, 2018).



The Wizard of Oz

By Craig Lee

This beloved tale, in which we travel over the rainbow to discover the magical power of home, has been entertaining audiences for generations. Relive the memory of when you first saw Oz, bring your children and grandchildren to create new and lasting memories.

Songs included in this musical are: Over the Rainbow, Ding Dong! The Witch Is Dead, Lollypop Guild, If I Only Had a Brain ..., We're Off to See the Wizard, If I Were King of the Forest, and The Merry Old Land of Oz.

Date: Saturday, Feb. 24, 2018

Time: 1:00 p.m.

Location:

Flato Markham Theatre
171 Town Centre Boulevard
Markham, ON

Cost: \$25.00

Please place your order by January 23, 2018.

Send your registration form (pp. 14 or 41) with a cheque made out to: **RTO/ERO District 34** Attn:
Craig Lee

21 Lippincott Court
Richmond Hill, ON L4C 7M5

Tickets may be picked up on the day of the performance at the RTO table in the lobby from 12:15 p.m. on. Acknowledgements will be emailed upon receiving the registration form.



Best Doctors - Looking Beyond The Six Letter Word

There are nearly as many treatments for cancer as there are types of cancer, making it one of the most complex and life-changing diagnoses possible.

Cancer can begin in the lungs, the breasts, the colon or even in the bloodstream. It can stagnate in certain areas of the body or spread through the body, and the spreading can happen slowly or very rapidly.

While cancers are alike in some ways, they can differ significantly in many others—including how they grow and spread. Oncology research has advanced to the point that more people than ever before lead full lives after cancer treatment, but there is still not a definitive cure for cancer, and the multitude of treatment options further complicates managing the disease.

In addition, cancer has become so common that doctors are often quick to diagnose it and treat

the disease as if it is invasive or fast moving—which is not always the case. If you have been diagnosed with cancer, it's important to confirm it is being treated appropriately. Treatments vary widely, and can include traditional therapies (such as surgery, chemotherapy and radiation therapy), newer forms of treatment (clinical trials) and complementary or alternative therapies.

Cancer can be difficult to diagnose, and misdiagnosis is increasingly common. With treatments that include surgery and radiation therapy, the need for certainty in your diagnosis is imperative before you and your doctor can even determine an appropriate treatment method.

This is an example of where the Best Doctors benefits can be so important and useful. After an in-depth review of your medical case by their experts, you will receive a straightforward, easy-to-understand report that either confirms your diagnosis and treatment or recommends a change.

If you have been diagnosed with cancer, take advantage of Best Doctors to look beyond the diagnosis and plan for the best, most appropriate treatment.

Best Doctors is an added service available to participants and their dependants in the RTO/ERO extended health care plan. If you are currently experiencing any uncertainty and confusion about a medical situation, its diagnosis and treatment options, Best Doctors is a resource that can provide you with support and vital information. Visit bestdoctors.com/canada for more information and the services it offers.



Lunch And Trivia

By Elaine Adam

**** New Location****

Join us for our sixth annual Lunch and Trivia, this time at Villa Risi Ristorante in Newmarket.

Please choose from the two luncheon choices below:
 Chicken with mushroom and onions in white wine sauce and a side dish of pasta

OR

Eggplant Parmigiana with a side dish of pasta.

Coffee and tea will be provided and the restaurant has a fully licensed bar; juice and pop can also be purchased. (You might want to circle your order selection and keep this page for your records.)

Be aware that the orders are given in at the deadline date of Wednesday, February 21 so you will not be reimbursed after that date but if for some reason you are not able to attend you are welcome to send someone in your place.

There will be a trivia contest après lunch, with teams of up to four members each. You are welcome to organize your own team or we can place you on a team. Space is limited to 40 people.

Date: Monday, Feb. 26, 2018

Time: 12:00 p.m.

Location: Villa Risi Ristorante
 16995 Yonge Street
 Newmarket, ON

It is on the east side of Yonge Street, south of Eagle.

Parking is in front and you can park from the Midas shop to the north to the gas station south.

Cost: \$22.00 includes lunch, taxes, tip and money for prizes.

Send your registration form (pp. 14 or 41) with a cheque made out to: **RTO/ERO District 34** Attn: Elaine Adam
183 Park Avenue
Newmarket, ON L3Y 1T9

Please register before Feb. 21, - remembering to indicate your choice of meal. Also, indicate whether you have a team or would like to be placed on one.

Come and try out your gray matter!

Celebrate 10!

By Craig Lee

Steppin' Out Theatrical Company will be ten years old in 2018. Known for its professional shows, it is the resident musical theatre company at the Richmond Hill Centre for the Performing Arts.

Our RTO members have enjoyed many Steppin' Out productions over the years. To celebrate this anniversary, a special concert will be offered in March. Past cast members will perform a high energy review of the best from Steppin' Out's amazing 10 years.

Date: Friday, Mar. 23, 2018

Time: 7:30 p.m.

Location:

Richmond Hill Centre for the Performing Arts
10268 Yonge St.
Richmond Hill, ON

Cost: \$25.00

Please place your order by March 7, 2018

Send your registration (pp. 14 or 41) with a cheque made out to: RTO/ERO District 34, Attn: Craig Lee
21 Lippincott Court
Richmond Hill, ON L4C 7M5

Tickets may be picked up at the box office on the day of the performance. Acknowledgements will be emailed upon receiving the registration form.

The Meet District 34 Member section of *The 34th Story* will contain a series of articles designed to introduce local members of RTO who have made significant contributions of artistic merit, service to others or any achievement which may be of interest to our group. If you know of someone who you think might be included, please email Chris Prefontaine at 7chris.prefontaine@gmail.com

Meet District 34 Members: Marsha Fox and Elaine Adam

By Chris Prefontaine

When we think of a hero, we generally envision someone in a firefighter, paramedic or police officer's uniform; or we think about those benevolent fictional characters found in Marvel Comics sporting masks, capes and tight fitting body suits. Those like Superman and Wonder Woman use their special powers to protect the public and fight the forces of evil; but there are heroes among us, who, without superhuman strength or magical

garb, work to fight societal evils – injustices - like that of hunger and poverty; who volunteer countless hours helping others and advocating for those who cannot advocate for themselves.

Two such individuals are District 34 members Marsha Fox and Elaine Adam who received appreciation for their efforts through the “Leading Women, Leading Girls, Building Communities Recognition Program”. Nominated by MPP Chris Ballard, Marsha and Elaine were among the 23 women chosen from the Aurora/Newmarket area to receive the award in 2017.



Photo provided by MPP Ballard

“The Leading Women/Leading Girls Building Communities Recognition Program acknowledges and celebrates women and girls who demonstrate exceptional leadership in working to improve the lives of others in their communities through volunteer

work in a variety of ways.”
 (<http://www.women.gov.on.ca/owd/english/leadership/leading.shtml>)



*Photo by
Thom
Stoneman*

Elaine is an advocate for women’s rights and has volunteered with a number of organizations including the Ontario Trillium Foundation, the Architectural Conservancy and the non-profit Community Living Agency of Newmarket-Aurora. This group helps people with intellectual disabilities to live and work in the community in a variety of ways. She was an adjudicator for the York Region Film Festival, and is a regular volunteer at St. John Chrysostom Church Hall, where she helps prepare and serve meals (Community Bread) to the many individuals who make use of the program.

Marsha is involved with the York Region Food Network, an organization that promotes a healthy, accessible food system in York Region and she advocates against homelessness and

food insecurity. She also helps prepare and serve meals at St. John Chrysostom Church and is a regular volunteer with *Inn From the Cold* which is a shelter offering an overnight program where the homeless from the community can have an evening meal and a warm place to sleep. There, she helps welcome the people who come in, helps them get settled and prepares food for them.

The award ceremony took place on March 8, 2017 in conjunction with International Women’s Day. “These exceptional 23 women and girls have given their time and energy to helping others and improving their communities,” Ballard said. “It is important to recognize their strength, leadership and the positive example they set for others.” He presented the recipients with a bouquet of flowers and a certificate.

The recognition program falls under the Ontario Ministry of the Status of Women. “The women and girls recognized through this award are not only helping their communities, they also serve as an inspiration to all of us,” Status of Women Minister Indira

Naidoo-Harris said. “Thank you for your outstanding work and accomplishments.”

Elaine began her teaching career with MSSB (Metro Separate School Board) and then switched to YRCDSB where she taught almost everything at the elementary level except SK and grade 2 “As I changed and grew, I wanted changes; so I did what I loved at that time. When I was young and single, I loved grade seven. I had the energy and I loved the kids, it was great.”

After having children of her own, Elaine taught 18 years in the gifted program (some full, and some part time); then she was ready for change again. Elaine laughed, “I reached a point where I thought ‘my younger son’s going to high school, I’m gonna go to high school too’. So I moved” – which is where she spent the last seven years of her career.

Marsha started in the old Etobicoke School Board and then went to MSSB which became the Toronto District Catholic School Board. She was a secondary teacher, did a stint at the board offices and worked

as a vice-principal. Which did she enjoy more – the classroom or administration? “They are entirely different. I enjoyed them both.” It was during Marsha’s time at the board that she had the opportunity to be part of a special project having to do with trying to retain those students who usually dropped out of the school system. It was one of the highlights of her career, “That was probably one of the first projects such as that, that ever took place in Ontario,” she said.

Elaine has been retired now for 10 years and Marsha for 12. How does one get so involved with volunteering? Is it part of your life’s philosophy or attitude? “It’s just easy”, said Elaine, “you give back. I think being in the teaching profession we are drawn to service – helping others – trying to make a little bit of a difference.”

“And I think, it’s not only giving to society”, added Marsha, “it’s also advocating for those who, for whatever reason it is, do not do so for themselves. My plan was NOT to disengage with society.” Marsha’s attributes this attitude to her parents who had a very strong commitment to helping

people who were unable to help themselves and instilled their children with this value.

It was through her work with the Food Network that led to Marsha's realization, "Oh my God, Poverty in York Region is much worse than I ever realized it was. It was a real eye opener." This in turn led her and her husband, to be involved in two advocacy groups in Toronto: *Put Food In The Budget* and *The Ontario Coalition Against Poverty*. "Those are both organizations which are saying that it is not just to ask a single person to try and live on about \$700 a month. The social assistance rates have got to be raised."

If any of our members are interested in pursuing some sort

of volunteer experience, Marsha suggests checking with your local public library or religious groups. Elaine found at least one of her committees by going to the town of Newmarket. Often time requests for volunteers are posted on town and city web sites. It is much easier now with modern technology than it was 20 years ago.

If you know of a women or girl who deserves to be recognized for their outstanding leadership and contribution in your community, consider making a nomination to your MPP. The closing date for MPPs to submit nominations is January 20, 2018. More detailed information can be found at: <http://www.women.gov.on.ca/owd/english/leadership/leading.shtml>



Gary Marston, Elaine Adam, Jackie Hunt, Maureen Bunce, Marsha Fox and Lynne Mirander volunteering at St. John Chrysostom
 Photo by Chris Prefontaine



Bill C-27

By Pat MacMillan

On October 16, 2016, Bill C-27 (an Act to amend the Pension Benefits Standard Act, 1985) was presented to the House of Commons for its first reading.

OTPP AND OMERS are well-defined benefit pension plans. They are secure, well funded and well managed. Why is it important for RTO/ERO to oppose Bill C-27 and for me to mobilize against it?

Bill C-27 removes employers' legal requirements to fund plan benefits. This means that benefits could be reduced going forward or even retroactively. Unions speaking for their members could agree to move to target plans. In encouraging the establishment of Target Benefit plans, Bill C-27 also allows current employees to surrender their guaranteed DB benefits for non-guaranteed TB benefits.

In the future if a group of employees decide to surrender their DB plans and move to Target plans, those who are retired and remain with their plan will eventually find themselves

with an unfunded plan.

The potential effects in the long-term warrant RTO/ERO to actively oppose this bill. Make your MPP aware that you will be monitoring them concerning Bill C-27 and that will greatly influence your vote and that of your family in the 2018 elections.

The Coalition for Pension Security has set up a website for you to express your opposition to the Bill:

www.honouryourpromise.ca



Open Enrolment Opportunity

By Susan Leppington

For a limited time, RTO/ERO is extending an open enrolment window from December 1, 2017 to March 31, 2018. It offers guaranteed acceptance to our members and the broader education community who wish to switch from existing insurance coverage, to RTO/ERO group health benefits without a medical questionnaire.

To be eligible for open enrolment, individuals must be eligible for RTO/ERO membership – i.e. retired or actively employed member of the broader education community. The open enrolment applies to those with individual insurance who wish to switch to one or more of RTO/ERO's group insurance plans: Extended Healthcare (which includes travel insurance), Hospital and Dental. Individuals can only switch from plans they already have.

For more information about the open enrolment opportunity, visit: www.rto-ero.org/open-enrolment/
Or call 1-800-361-9888



50th Anniversary Member Tributes

By Paul Devlin

Bruce Shiga



Bruce Shiga joined RTOERO District 34 in 1999, after he retired as a principal from the York Region Catholic Separate School Board. With encouragement from his friend Ernie Polsoni, Bruce joined the social committee and soon began organizing popular RTO/ERO events such as breakfasts at Cora's, coffee mornings in Newmarket, and dinner shows in Niagara Falls.

As President, he supported and attended as many RTO/ERO functions as he could, including bowling, skiing, Georgian Downs events, and seminars. At the Senate meetings in Toronto, Bruce enjoyed meeting members from other districts, discussing programs, and sharing ideas.

Bruce was passionate about the Project Service to Others Award. He took a keen interest in the applications for this award and was impressed with the ingenuity and good will of so many members.

Bruce actively volunteered in the community himself over many years and received the Ontario Volunteer Service Award for his contributions to a wide range

of community organizations. Bruce served on the boards of Catholic Community Services of York Region, Japanese Family Services of Metropolitan Toronto, and Our Lady of Grace Parish in Aurora. Always empathetic and a good listener, Bruce worked with others to resolve sometimes difficult situations.

When he completed his term as President of District 34, Bruce continued to serve the RTO/ERO community with his social committee activities and organized new events such as wine tours in Niagara Region and Prince Edward County. In Bruce's memory and in recognition of his outstanding commitment to volunterrism, District 34 provides an annual volunteer award dedicated to him.

Gladys Spiller



Gladys Spiller has been a long-time member of District 34 ever since she joined RTO in 1994. In 1996, she joined the executive of District 34 as Second Vice-President, moved up to First Vice-President the following year and then served as President in 1998-99. She remained on the executive after her year as Past President, when she joined the Social Committee and was part of that group until 2012. As an executive member, she won the respect of all who served with her for her forthright manner and leadership skills.

While Gladys served on the Social Committee, she assisted fellow committee member Irvine Dean with the fall and spring luncheons and the theatre trips to Stratford and Shaw Festival in Niagara-On-The-Lake. She also helped with the organization of the bridge club in Richmond Hill, ensuring that all was running smoothly.

Her generous help and time spent on these activities as well as various others, provided many hours of enjoyment for the members who participated on those occasions.

Gladys brings her sense of humour, good nature and outgoing personality to all that she does. Her seemingly boundless energy displayed as she went about her RTO activities made her the envy of her retired colleagues. She put heart and soul into any task she took on. Her dedication and service to the members of District 34 were valued and appreciated by all who had the pleasure of being associated with her.

In recognition of her exceptional service, Gladys was awarded an Honorary Life Membership by the District 34 executive in 2012.

Congratulations, Gladys!



Retirement Planning Workshop

By John Pickett

(For All Educational Workers)

District 34 will host a Retirement Planning Workshop that is open to anyone retiring from a public or Catholic school board or from a university, college or private school who will be receiving a

pension from the OTPP, OMERS or other, similar plans. This includes teachers, administrators, secretaries, caretakers, educational assistants and others.

Organized by the provincial body of RTO/ERO, this workshop is presented by experts in both pension and insurance matters. Participants will learn how to calculate and apply for their pensions and hear the benefits offered through RTO health insurance while they enjoy light refreshments. Please share this information with anyone you know who is planning to retire in the next few years or who has already retired but not yet joined RTO/ERO.

Date: Tuesday, Mar. 27, 2018

Time:

4:00 - 4:30 p.m. – registration and light refreshments

4:30 - 7:00 p.m. – presentations

Location:

Meadowbrook Golf and Country Club

11939 Warden Ave

Gormley, ON

(Just south of Stouffville Rd., on the east side of Warden Ave.)

For more information visit the following site:
<https://www.rto-ero.org/rpw-schedule-list>

OR contact:

John Pickett
 workshop coordinator
john.pickett@rogers.com
 or call 647-273-0790



Political Advocacy Report

By Elaine Adam

Here is a summary of “Highlights from the PAC Liaison Report for the March 21, 2017 Meeting”.

RTO/ERO became a member of *Seniors’ Voice* and has established a partnership with Elder Abuse Ontario. Work has commenced on refuting Bill C-27, an Act to amend the long standing Pension Benefits Standards Act.

A PAC workshop was planned for September, which covered many issues relating to seniors. Politicians from various levers of government were invited.

A check list for Age-Friendly Communities was adopted and a link to the website was provided.

A report was presented on hydro rates. Other issues covered extraction of water by bottling companies, Standards of Care and Personal Support Workers, and the Right to Die. Please access our website at www.34thstory.com to read the report.



Get Busy

By Susan Leppington



In conjunction with next year’s fall luncheon, at the Cardinal Golf and Country Club, we will be holding a craft and art sale.

RTO members are invited to rent a table (proceeds to the RTO Foundation) and sell whatever it is that they enjoy crafting - knitted goods, quilts, jams, paintings, wood working, photography, etc. etc.

Watch for details in the next issue of the *34th Story*, but in the meantime get busy.



Incredible India

By Uta Sojat

Have you ever thought of vacationing in India but didn't know where to start? Having travelled to India for eleven years now, I have fallen in love with the subcontinent and am happy to share some insights with you. Likely, the first thing that comes to mind is the Taj Mahal, *raison d'être* of every trip to India. Yet the first step – well in advance of a trip – should be a visit to a travel clinic to receive all necessary inoculations.

Naturally, you need to decide which time of year you would like to travel. The tourist season in India spans the months from October to March; other times are either too hot or too rainy. In the fall, October/November, the Diwali Festival is observed; in the spring, March, the Holi Festival is celebrated.

Diwali is a private family celebration much like Christmas; extended family gets together, a religious service is observed, a big dinner is enjoyed, gifts are exchanged, and candles (or ever more strings of electric lights) are

lit. It is the Festival of Light.

Holi is a public festival with much music, dancing, carousing, and bonfires leading up to the actual day. It is the Festival of Colours during which people bless each other with coloured powders.



Kumin Harvest

The next decision should be where to go. A good investment is the latest edition of the *India Lonely Planet*. For a first trip, a good start is the Golden Triangle of Delhi, Agra, and Jaipur, a favourite tour route with much to see, including the Taj Mahal. An extra couple of days at the beginning help to adjust to the 10½ hour time difference, and additional days tagged onto the end let you digest all those breathtaking experiences. Surely, the kaleidoscope of colours, sights, sounds, and aromas will

give you sensory overload; inescapable juxtapositions of wealth versus poverty, modernity versus traditionalism, grandiosity versus simplicity will tax your endurance.

This tour can be extended into a two-week trip through the State of Rajasthan, India's crown jewel, which involves many driving hours with relatively little to see. This then leads to the most important decision, whether to take an organized bus tour or to book a private car and driver. I personally have never taken a bus tour for several reasons: I do not enjoy being herded in a group through sights and monuments; there is always one person who is late for everything; the itinerary is set and must be adhered to – no opportunity to visit anything off the beaten tourist track; much wasted time at hotel check-ins and check-outs until everybody is processed – yet haste at sights. I always hire a private driver who will go to out-of-the-way places I want to see.

For instance, there are three worthwhile stops between Agra and Jaipur. The first is the Keoladeo National Park in

Bharatpur, a sanctuary for vast numbers of migratory birds during the winter months and a paradise for bird watchers. Here, actually some bus tours stop because tourists often enjoy a leisurely rickshaw ride through the park.

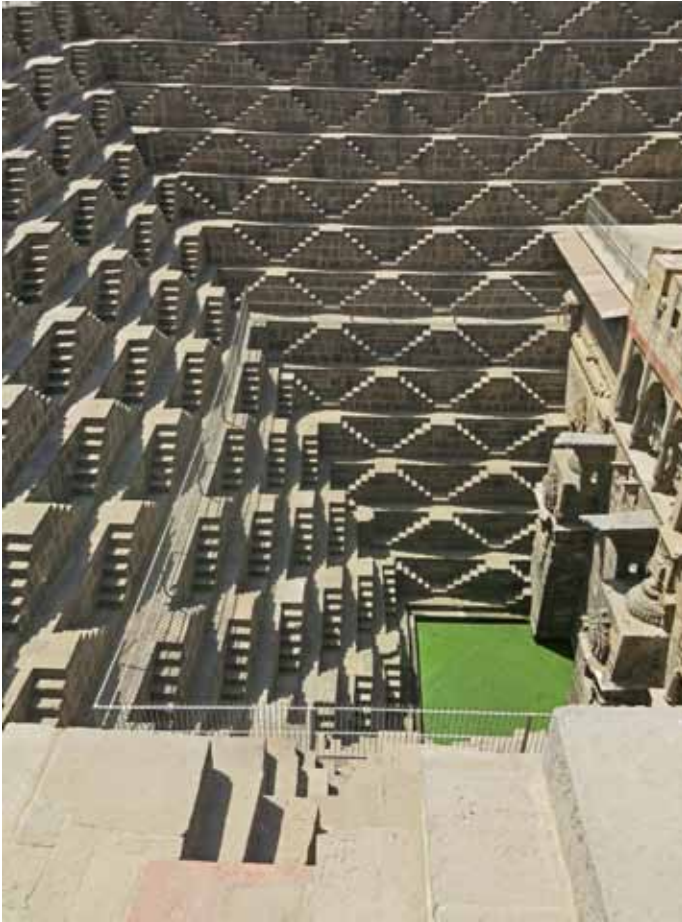


Running Duck



Painted Stork

The second is an awe-inspiring, *thirteen-storey-deep stepwell from the first century AD in the village of Abhaneri*. The well's immensity, architectural symmetry, and visual harmony are heart-stopping. In my opinion, it should be a UNESCO World Heritage site.



The third is the most *haunted fort in all of Rajasthan in the village of Bhangarh*. It is mostly visited by indigenous sightseers who are familiar with the peculiar legend surrounding this place and are more than happy to impart it to foreigners.



I could go on and on about special, little-known places which are only reachable by car, but this is not the forum for it. You can read all about it in my novel *Chandkoor's Journey* which was published in the spring of 2017 and enables you to vicariously partake in India's culture through narratives about Rajasthan's architecture, art, music, legends, festivals, food, and ordinary family life. This romance, woven like a golden thread into the tapestry of my many personal adventures and experiences (including a visit to the Taj Mahal), propels the reader forward.

If I have roused your curiosity or reignited your interest in a trip to India, you may enjoy following my travel blog on my website www.uta-sojat.com; there is also a *Contact Me* page. I wish you happy travels.



A Groom's elephant on its way to the wedding.



All photos by Uta Sojat. Uta joined RTO District 34 in 2012. She usually travels to India twice annually. Her passions are travelling, photography and writing.

Perfect Wedding

By Angela Stewart

A Comedy by Robert Hawdon

Bill wakes up on his wedding day with a bit of a hangover and a beautiful woman in his bed. The only problem? He's never seen her before, and he's got to get rid of her before his fiancée shows up! This fun production pulls characters — and audiences — into a swirl of misunderstandings and mistaken identities. This side-splitting farce will be sure to leave you laughing!

Date: Wednesday, May 2, 2018

Time: 8:00 p.m.

Location:

Flato Markham Theatre
171 Town Centre Boulevard
Markham, ON (corner of Hwy.
#7 and Warden Ave.)

Cost: \$14.00

Complete the registration form (pp. 14 or 41) and send with a cheque made out to **RTO/ERO District 34**, Attn: Angela Stewart
42 Schouten Crescent
Markham, ON L3P 7W7

Registration must be received by: Wednesday, April 4, 2018.

You will pick up your tickets at the RTO table the night of the play (May 2, 2018).



Don't Miss Out

By Angela Stewart

RTO – District 34 publishes a newsletter three times a year and it is full of many fun and interesting events.

We know that retirement is a busy time and it's hard to keep track of everything, so don't miss out on reminders and special notices.

If you would like to keep informed of all the wonderful events that District 34 offers in the form of a monthly email, please contact Angela at: 34thstoryreminders@gmail.com



Welcome New Members

By Evelyn Lawrence

Since our last newsletter was printed, the Provincial Office has informed us that the following have become members of RTO/ERO and have indicated their wish to be affiliated with District 34 – York Region. Information which is received after we go to print will be included in the next newsletter.



On behalf of the Executive and all of the members of RTO/ERO District 34, I extend a warm welcome to these new Members within our ranks:

Cheryl Alter
 Mathew Augustine
 Jacqueline Aziza
 Karen Beale
 Bob Berman
 Arlene Bernstein-Marton
 Pamela Boyle
 Joan Bristow
 Hugh Clawson
 Winnifred Combaluzier
 Gilberte Cowan
 Tony Di Florio
 Antonio Gradini
 Rosetta Iulianetti

Raymond Kong
 Peter Lett
 Gary MacPhie
 Catherine McGann
 Denise McLafferty
 Janet Murphy
 Rosalia Pelc
 Anna Pelc-Draper
 Patricia Peterkin
 Dorothy Rodrigues
 Dianne Stevens
 Jennifer Thornhill
 Nancy Tollefsen
 Ida Toy-Sammut
 Marilyn Turner
 Sandra Winters
 Carole Wolfe

WELCOME NEW ASSOCIATE MEMBERS

Pauline Akman
 Katharine Amin
 Susan Aroosi
 Maggie Au
 June Benson
 Ralph Birch

David Clark
 Jocelyn Cooper
 Lois Dickson
 Alexandra Fawcett
 Rena Lipsey
 Linda Lyons
 Faila Marcus
 Stacy McGann
 Valerie Milligan
 Luigi Morea
 Stephen Scheinert
 Valerie Shadlyn
 Margaret Speed
 Johannes Stafleu
 Kelly Stenton
 Debra Thomas
 Lorna Turner
 Maria Ann Vamos-Milton
 Grace Vento
 Judith Weiss

**WELCOME NEW MEMBERS
 FROM OTHER DISTRICTS**

Urmilla Pereira
 Audrey Russell
 Alexander Seretis



In Memoriam

With sorrow we have learned of the passing of the following members of District 34. To their families we extend our heartfelt sympathy.

Diane Birch
 John Brice
 Linda Clark
 Joan Corcoran
 Edith Dunn
 Thomas Fawcett
 Nancy Holborn
 Marlene Honey
 Hilary Jackson
 Barbara Jefferis
 Mildred Manson
 Ann McMurray
 Gail Meadows
 Denis Milton
 Joan Moon
 Edith Robinson
 Ferne Sawyer
 Isabel Shore
 Lewis Thomas
 Sylvia Turner
 Muriel Vernier
 Mary Watters
 Donna Wood

Newmarket Theatre Festival

By Michael Halfin

Launched as part of Canada 150 celebrations, Newmarket's wildly successful National Ten- Minute Play Festival (NNPF) returns July 25-29, 2018. With Canadian playwrights submitting scripts from around the world, the festival celebrates Canada's diversity and unique regional perspectives.

This Festival was the creation of retired YRDSB Drama and Arts Huron Head Michael Halfin. RTO member Cheryl Stoltz as a key member of the NNPF Board successfully organized all of volunteers as the Volunteer Coordinator for the 2017 inaugural event.

It was appreciated that RTO members Susan Leppington and Karen Murray came forward to give advice, work at the information booth and corral youth volunteers during the event. Retired teachers - especially drama teachers - should note that the festival employs not only professional and emerging artists, but also welcomes teachers with

training in the performance arts as actors, directors and playwrights. Volunteer opportunities abound for former educators who enjoy the arts and wish to help coordinate a festival of growing magnitude.



*Jackson Fowlow, Scott Maudsley, and retired TDSB drama teacher-Helly Chester in **A Day at the Beach***

The festival produces 24 plays, divided into four "pods" of six plays playing in rotation, and also features art exhibitions, free public performances, "Festilicious" dining at local restaurants, historical tours, artist talks, playwright readings, and so much more.

Located in Newmarket, the NNPF's proximity to Toronto makes commuting by car or public transit an easily accessible getaway for those who enjoy professional theatre and wish to tour Newmarket's historic Main Street - winner of the 2016

People's Choice *Great Street Award*.

For information about joining our team, please contact Cheryl Stoltz at nnpfvol@rogers.com



Can An Aspirin A Day Prevent a Heart Attack?

By Paul Devlin

Scientific evidence shows that taking an aspirin daily can help prevent a heart attack or stroke in some people, but not in everyone. It also can cause unwanted side effects.

According to Robert Temple, M.D., deputy director for clinical science at the Food and Drug Administration (FDA), one thing is certain: you should use daily aspirin therapy only after first talking to your health care professional, who can weigh the benefits and risks.

“Since the 1990s, clinical data have shown that in people who have experienced a heart attack, stroke or who have a disease of the blood vessels in the heart, a daily low dose of aspirin can help prevent a reoccurrence,” Temple says. (A dose ranges

from the 80 milligrams (mg) in a low-dose tablet to the 325 mg in a regular strength tablet.) This use is known as “secondary prevention.”

However, after carefully examining scientific data from major studies, FDA has concluded that the data do not support the use of aspirin as a preventive medication by people who have not had a heart attack, stroke or cardiovascular problems, a use that is called “primary prevention.” In such people, the benefit has not been established but risks - such as dangerous bleeding into the brain or stomach - are still present.

• Caution Needed With Other Blood Thinners

When you have a heart attack, it's because one of the coronary arteries (which provide blood to the heart), has developed a clot that obstructs the flow of blood and oxygen to the heart. Aspirin works by interfering with your blood's clotting action.

Care is needed when using aspirin with other blood thinners, such as warfarin, dabigatran (Pradaxa), rivaroxaban (Xarelto) and apixiban (Eliquis).



Acknowledgement, Waiver and Release

The participants in _____ (the “Event”) acknowledge and agree that RTO/ERO, including District 34, will not be responsible for any loss, injury or damage of any nature, including death, howsoever arising in connection with this trip/excursion/event. Participants in the Event are therefore hereby advised to carry their own insurance in connection therewith.

By signing below and in consideration of the participant’s attendance at the Event, the participant hereby releases and forever discharges RTO/ERO, District 34 and their respective directors, officers, members, agents, employees and volunteers (collectively, the “Releasees”) from any and all actions, causes of action, claims and demands (collectively, the “Claims”) from any loss, injury or damage of any nature, including death, which has arisen or may arise from the participant’s attendance at the Event, unless such loss, injury or damage has arisen as a result of the sole negligence of one or more of the Releasees.

Any Claim arising out of the participant’s attendance at the Event will be governed by the laws of Ontario, Canada and the participant consents to the exclusive jurisdiction of the Courts of Ontario, Canada in any such action.

Participant’s printed name	Signature	Date
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Participant’s printed name	Signature	Date
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Participant’s printed name	Signature	Date
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Participant’s printed name	Signature	Date
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Additional copies of this form may be downloaded from our web site.

Registration for RTO District 34 York Region Events

Please print.

Name of Event: _____

Date of Event: _____ Cost per person: _____

Registration Deadline Date: _____

Name(s): _____

Telephone: _____

Email: _____

Bus Pick-up: (if included in the price of the event); (check only one):

Newmarket Location Richmond Hill Location

Meal choice (if applicable): _____

Enclosed is a cheque for \$_____ for _____ person/people at
\$_____ each made out to:

RTO/ERO District 34

Send your completed registration form with your payment to the address given in the event description.

NOTE: If bus transportation is included in the price of the event, the signed waiver found on page 40 must be included with your registration.


Find Us on The Web

Use the QR Code reader on your smart phone to find our website. Scan the code below to get to our web site.



Advertising Events in *The 34th Story*

By Evelyn Lawrence


The only events that are advertised in *The 34th Story* or via email communications are those that have been authorized by the executive. From time to time, our Email Communications Representative, receives a request from a member to advertise an event that has not been sent to the executive for approval. Please do not send these to Angela Stewart as it is not her job to alert the executive of these requests made by other members. Please contact the president or one of the vice-presidents, if you believe that you have an event that would be of general interest to members or would supply some benefit that would be in the best interest of our District 34 members. 

PLANNING A TRIP

Before planning a trip out of the province or outside of Canada, it is wise to call Johnson Insurance to check on your RTO/ERO health insurance coverage.

Changes in your health or in your prescriptions may alter your travel coverage. If an emergency should arise while you are away, contact Allianz Global Assistance within 48 hours of the emergency, or before medical attention is administered when the situation is non life-threatening. Contact with Allianz will ensure that your care is top priority and that the medical expenses for this unforeseen health condition are effectively monitored.

Johnson Insurance
1-800-638-4753
905-764-4041 (Fax)

Allianz Global Assistance
1-800-249-6556 

Classified Advertising

Classified ads are for the information of our members and do not imply endorsement by RTO/ERO District 34.



Johnson Inc.
RTO/ERO Health Benefit
Plan Administrator
Service 1-877-406-9007
416-920-7248
Claims 1-800-638-4753
905-764-4888
Website
www.johnson.ca

34th Story Website
Check our website at
www.34thstory.com

- for District 34 news,
- for additional photographs of events,
- for links to interesting websites,
- for information about your committees,
- for the District 34 constitution and policies

Changing Your Name, Address or Phone

The District 34 membership information comes from the Provincial Office. Please contact them about any changes.

RTO/ERO PROVINCIAL OFFICE

416-962-9463
1-800-361-9888
FAX 416-962-1061
Office Hours
8:30 am to 4:30 p.m.
Monday to Friday
www.rto-ero.org

DISTRICT 34 MEMBERSHIP COORDINATOR

Evelyn Lawrence
905-642-5435 or
eplawrence@sympatico.ca.
Questions regarding
membership and newsletter
mailings may be directed to
Evelyn as well.

DISTRICT 34 EMAIL COMMUNICATIONS COORDINATOR

34thstoryreminders@gmail.com
For change of email address
only, NOT residence address
changes.

Newsletter Submissions

Articles are required for consideration for inclusion in future issues. Please keep articles to 500 words or less. A picture is a nice touch. Do you have:

- a memorable teaching experience,
- special memories of a colleague or student,
- a good book to recommend,
- an account of an unusual holiday,
- an important question,
- suggestions for the editor,
- suggestions for district trips or social activities,
- information you would like to see in the newsletter or
- an issue you would like to raise?

Email the editor -
Chris Prefontaine
7chris.prefontaine@gmail.com

NEWSLETTER DEADLINES
November 15 for January
February 15 for April
July 15 for September

RETURN UNDELIVERABLE
CANADIAN ADDRESSES TO:
34th STORY, 7 Braid Bend
Stouffville, ON L4A 1R7

